The Problem Gambling Resource Centers (PGRCs) are programs of the New York Council on Problem Gambling dedicated to addressing the issue of problem gambling within New York State. The vision of the PGRCs is the positive transformation of lives harmed by problem gambling. This vision of transformation includes individuals with gambling disorders as well as their families and communities.

**PGRC Services**

Education & Training
Referral
Assessment
Treatment
Recovery Support
Every day thousands of people gamble. As you might guess, a lot of these people are just having fun or hoping to win the big jackpot people are talking about. However, there are actually a significant number of individuals for whom these activities are as addictive as any drug. Therefore, in its best sense, “Here to Help” means helping these people find recovery, restoration and the potential for personal freedom. With a focus on supporting the individual and reducing barriers to care, the Problem Gambling Resource Centers are the premier organizations providing problem gambling services in New York State.

The PGRCs focus their efforts on:

- Increasing public awareness of problem gambling
- Connecting clients with treatment, recovery and support services
- Working with the gaming industry to promote responsible gambling
- Promoting healthy lifestyles which foster freedom from problem gambling

For support and resources in your area, please visit:

NYProblemGamblingHELP.org