

Voluntary Self Exclusion Support Program



What is Voluntary Self Exclusion (VSE)?

The New York State Voluntary Self-Exclusion program, administered by the NYS Gaming Commission allows individuals to voluntarily ban themselves for a set period of time. VSE can be a helpful tool for someone who is experiencing problems due to their gambling behaviors.

How does VSE work?

Anyone who would like to exclude themselves from gambling in New York State must complete and submit a notarized request for Statewide Voluntary Self-Exclusion through the mail or through a gaming facility security office.



Need help with your form?

We're here to help. We provide:

- Connection to an expert
- Assistance with application
- Notary services
- Information and support

There is no charge for these services and your information is confidential.

Questions about the VSE process?

NYCPG can help individuals interested in the VSE program by providing information and consultation services to support individuals through the VSE enrollment process.

Contact us to ask questions and learn more about the New York State VSE program.

Ready to take the next step?

NYCPG believes in a no-barriers to care model, meaning we will meet you where you are on the path of recovery, with no judgement.

Reach out to the VSE Support Program today, call 518-903-0217 and/or email VSEsupport@nycpg.org.

Frequently Asked Questions

Can I just exclude myself from my local casino?

No. This program will include all gambling activities currently listed on the VSE form and any additional activities that are added in the future.

Can my name be removed from the VSE list before the end of my exclusion period?

No. Once completed, you will not be able to shorten or rescind your exclusion period.

What happens if I go to a gaming facility during my exclusion period?

You may not collect any winnings or recover any losses resulting from the gambling activity. Also, if found at any of the properties, you may be subject to arrest and prosecution under all applicable laws, including trespassing.

Is there a fee for VSE support services?

No; there is no cost for any of the VSE services, including notarization of the VSE form through the NYCPG.

Can I put a loved one with a gambling problem on the self-exclusion list?

No. This is a voluntary self-exclusion program and only the individual who is seeking to exclude can complete the form. There is assistance for anyone negatively impacted by gambling, including loved ones through the NYS Problem Gambling Resource Centers.



Contact Information



518-903-0217



VSEsupport@nycpg.org



NYProblemGambling.org



NYCouncilonProblemGambling.org